

CTC Swansea and West Wales Member Group

PROGRAMME – July 2015

Grade. Rides are graded by terrain (**f, m, h**), distance (miles) and speed (**g, m, b**) with:
 terrain: **f = flat**, **m = moderately hilly**, **h = hilly**; speed: **g = gentle**, **m = moderate pace**, **b = brisk**.
 eg: **m35g** = moderately hilly 35 miles at a gentle pace. (?? = distance unknown; usually 30-40 miles.)

Key to starts. Most in Swansea area: GR = Grid Ref. on OS 1:50,000 sheets 159,170,171.

BC Brecon Canal Basin (GR 049281)
BK Burger King, Neath Abbey Rd, A474
 (GR 751982)
CC Civic Centre, sea side (GR 652922)

GS Doctor's surgery, Gowerton (GR 589966)
NC Norwegian Church: E of Sail Bridge. (GR 664930)
RI Railway Inn, Clyne Valley (GR: 598924)
SB Sail Bridge, Swansea (GR 663929)

Day	Event	Level	Start	Time	Description
Wed 1 st	Ride	m40m	GS	10.00	Gorslas or Llyn Lech Owen. Leader: Jim Connolly
Sun 5 th	Ride	m45g	GS	10.00	Ferryside. Leader: Colin Birch.
	Ride	m50m	BC	10.00	Ferryside. Leader: Len Griffiths. (Lunch with 'Easy riders'.)
Wed 8 th	Ride	m40m	GS	10.00	Kidwelly. Leader: Mike Brewer
Sun 12 th	Ride	m30g	RI	10.00	Gower (incl. Penclawdd) Leader: Tony Barratt
	Ride	h30m	RI	10.00	Lower Lliw Reservoir. Leader: Ian Davies
Wed 15 th	Ride	m30m	PX	10.00	Dyffryn Cellwen. Leader: Ian Davies
Sun 19 th	Ride	g??m	CC*	10.00	Pontneathvaughan (Silica Mine) Leader: John Cardy
Wed 22 nd	Ride	m36m	GS	10.00	Llyn Llech Owen. Leader: Ian Davies
Sun 26 th	Ride	f25g	NC	10.00	Margam (Brombil Pool). Leader: Don Ashman
	Ride	h56m	BK	10.00	Pontsticill Reservoir & Brecon Mountain Railway. Leader: John Cardy
Wed 29 th	Ride	m40m	SB	10.00	Rhossili. Leader: Peter Jones

* or **BK** 10.00 (Coffee?)

Phone Numbers

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