



**Wheelrights**  
the Swansea Bay  
cycle campaign group



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## **Adult Beginners Cycle Training**

Saturday 20 September from 0930 to 1130  
East car park County Hall

Wheelrights in conjunction with Swansea Council are holding an adult off road cycle training session for total beginners or those who have not cycled for many years

This award winning course has been running for several years and is very popular so please book in advance

Contact Veronica Wood on 01792 206617,  
Rhiannon Evans on 01792 510470  
or  
Sustrans Office on 01792 454491