



Wheelrights
the Swansea Bay
cycle campaign group



Adult Beginners Cycle Training

Saturday 19th September from 0930 to 1130
East car park County Hall

Wheelrights in conjunction with Swansea Council are holding an adult off road cycle training session for total beginners or those who have not cycled for many years

This award winning course has been running for several years and is very popular so please book in advance

Contact Veronica Wood on 01792 206617,
Rhian Evans on 01792 510470
or
Sustrans Office on 01792 454491

Note: this year we are offering, in addition to training for complete beginners, short rides for those who have mastered the basics. These will be on the foreshore path in the vicinity of the car park.