

Swiss Valley Cycleway, Llanelli, Carmarthenshire

Why not take a ride up the historic Llanelli and Mynydd Mawr railway route from Llanelli to Cross Hands, with fantastic views of the Gwendraeth Valley and Lleidi Reservoirs. Once an important transport corridor for coal from the many collieries along its route, it is now a scenic traffic free route for you to enjoy.

In total around 25 miles from Llanelli to Cross Hands and back but you can go as far as you wish and turn back There is a slight gradient for four miles from Furnace to Cynheidre which you can really enjoy on the way back, coasting almost without pedalling.

From Llanelli (Sandy Water Park on the Millennium Coast Park) take route Sustrans NCN Route 47 over the blue and white Pont D'Agen and travel northwards up through Furnace and Felinfoel. There are nearby refreshment stops at Furnace, Horeb/Five Roads, Tumble and Cross Hands along the way. O.S. Map 159 covers the route

David Judd



Family outing on NCN 47